

Human Resource Management: Retaining Talent under Constraints

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Main Objectives of the Session

- > Strategic Approach to HRM
- > Motivation & Engagement: defining key concepts
- ➤ Workplace Policies and Strategies to Increase Employee Engagement
- ➤ Workforce Diversity & Generational

 Differences: Approaches to Accommodating these

 Differences
- ➤ Small Group Session: Best Practices of Employee Engagement under Financial Constraints



Strategic Approach to Human Resource Management

- Context for the Strategic HRM: technological changes, increasing long-term fiscal pressures, massive shifts in the workforce (aging, increasing diversity, dynamism)
- > Strategic HRM Tenets: 1) An agency effectively responds to environmental pressures via HRM practices; 2) Employees are viewed as stakeholders.
- ➤ Engaged and motivated employees → lower employee turnover, improved retention, higher organizational productivity
- ➤ Public sector constraints: we can't rely on the same 'boosts' of motivation as private sector companies do. What can we do to improve employee engagement and retention?



Employee Turnover and Its Major Causes (Abbasi and Hollman)

- 1. Hiring Practices: inconsistency between employee goals and qualifications and agency culture and strategy.
- 2. Lack of Competitive Compensation System
- 3. Lack of Recognition: lack of professional growth opportunities, performance appraisal issues, lack of informal recognition.
- **4. Managerial Style**: narrow background, adherence to status quo, short-sightedness.
- 5. Toxic Workplace Environment:
 - Forced choice between life and career
 - People are treated as a factor of production (means to an end)
 - People are treated as overhead, salaries, benefits and costs rather than assets



What is Good Management?

"Management is nothing more than motivating other people."

Lee Iacocca, Father of the Mustang, rescuer and long-term CEO of the Crysler Corporation.



Understanding Employee Motivation to Improve Engagement & Retention

- Factors which **incite** and **direct** an individual's **action** (Atkinson, 1964)
- The set of internal and external forces that initiate behavior and determine its form, direction, intensity, and duration (Pinder, 1998)
- > Motivation is not:
 - directly observable;
 - the same as satisfaction/goal achievement;
 - always conscious;
 - not directly controllable



Motivation and Its Effect on Employee Engagement and Retention

> Equity Theory (Adams, 1965):

- Explains how a worker reaches a conclusion that he/she is being treated fairly or unfairly;
- 2 types: 1) subjective calculation of the balance between inputs (contributions) and outputs (recognition);
- 2) comparison with other employees.

> Expectancy Theory (Vroom, 1964):

- Relationship between job satisfaction and performance
- How much an individual wants something versus perceived effort-reward probability: 1) subjective value of rewards and punishments; 2) probability of rewards and punishments; 3) confidence in one's ability to perform the job.



Motivation Toolbox: Extrinsic and Intrinsic Rewards





Motivating People in Organizations: Extrinsic and Intrinsic Rewards

Extrinsic rewards:

- tangible rewards given to employees by managers
- external to the work itself; other people control their size and whether or not they are granted
- generally, a very effective and universal source of motivation

> Intrinsic rewards:

- **psychological rewards** that employees get from doing meaningful work and performing it well
- a relatively **healthy and sustainable** source of motivation
- 4 main categories of rewards:
 - Sense of **meaningfulness**;
 - Sense of **choice**;
 - Sense of competence;
 - Sense of **progress**.



Drivers of Employee Engagement (Norma Davila and Wanda Pina-Ramirez)

- 1. Intrinsic Motivation
- 2. Leadership
- 3. Manager-Employee Relationship (strong predictor of retention)
- 4. Performance Management (aligning employees' goals with organizational goals)
- 5. Career Development (strong predictor of loyalty and retention, growth and development opportunities)
- 6. Financial and Extrinsic Incentives
- 7. Organizational Image (reputation, culture)
- 8. Brand Alignment (integrity, unique value of an organization, mission-driven organization)



Employee Development Approaches

> Training:

- Provides learning for current responsibilities and tasks
- Learning focuses on *skill-building* (but can also include understanding concepts and theories, and increasing self-awareness of one's own personal attributes, perceptions, attitudes, thinking)

Education:

- *Future oriented*; prepares individual for new responsibilities and changes (ex. getting an academic degree)
- Puts greater emphasis on *learning* and *competencies that can be generalized to different situations* (but may include skill building)

> Staff Development:

- Future oriented, but the future is less clear and defined
- Prepares employees for changes that are not specifically anticipated or clearly known;
- Less skill-oriented emphasizes *attitudes*, *knowledge*, *competencies*



Effective Use of Employee Development Strategies

- ➤ ED: 1) training that prepares employees to perform their present jobs better, and 2) career development activities for job growth and greater responsibilities.
- Focusing on competencies as a set of knowledge, skills, abilities.
- > Supervisor's role as a "Performance Coach":
 - 1. clarifying performance and behavioral expectations;
 - 2. helping employees understand the organization's **long** and short-term goals;
 - 3. identifying learning opportunities;
 - 4. giving positive and corrective **feedback**;
 - 5. and providing necessary resources.



Examples of Employee Development Activities

- Events:
- Classes, workshops, seminars
- Webinars
- Conferences
- On-the-Job:
- Cross-training
- Challenging assignments
- Job shadowing
- Observation & demonstration
- Mentoring
- Coaching, counseling
- Buddy assignments

- Organizational:
- Team/committee membership
- Committee leadership
- Job rotation & enrichment
- Professional organizations
- Cultural competency/diversity
- Ethics training
- Education:
- Degree Programs
- Certificate Programs
- Independent learning:
- Reading Assignments
- Online Training



Employee Retention & Work-Life Conflict:Organizational and Individual Factors

Organisational and industry attributes:

- Long, unsocial working hours
- o Low pay
- Low skill requirement
- Educational mismatch
- Lack of career development

Personal Employee Dimensions:

- Stress
 - Role clarity
 - Resource inadequacy
- Job burnout
- Emotional exhaustion

Work-Life Conflict

Improved Organisation Strategies:

- recruitment strategies
- quality of training
- appropriateeducation andjob fit
- work-life balance policies

Increased job satisfaction, organizational commitment and employee retention



Meeting Employee Needs: Life-Work-Balance Programs

- Employer-Sponsored Child Care: parental leave, on or nearsite facilities, financial assistance, referrals, emergency needs.
- Adoption Assistance: paid & unpaid time off (use of sick and other leave), reimbursement for legal and medical expenses.
- ➤ Elder Care: paid & unpaid time off, referrals, assistance with insurance paperwork, information and support services, care management services, discounted backup homecare.
- Family-Friendly or Single Hostile? Life-style friendly policies (paid education, professional development, etc.).
- > Stress-Reduction Programs: wellness programs & employee assistance programs; assessment, observation, feedback and coaching; workshops on time & stress management.



Emergent Benefits & Incentives: Flexible Working Arrangements

- > Job satisfaction reports indicate the increasing demand for flexible work schedules and other work accommodations.
- > Flextime: varying starting and ending times.
- > Compressed workweeks: fewer than five days.
- **Regular part-time**: less than full-time status.
- > Job sharing: two part-time employees sharing a full-time job.
- ➤ **Phased retirement**: gradually reducing hours before retirement.
- > Telecommuting: regularly working at a site other than office.
- > Accommodating diversity: individual preferences, cultural and spiritual needs, age-related needs.



Focus on Diversity Management: Government-Wide Diversity and Inclusion Strategic Plans 2011 and 2016

- **Executive Order 13583 by President Obama**
- > Philosophy: to cultivate high performing organizations
- ➤ **Purpose:** 1) to identify and adopt *best practices* to promote diversity and inclusion; 2) to identify and remove any *barriers to equal employment opportunity*, consistent with merit system and law.
- Diversity: a collection of individual attributes that help agencies pursue organizational objectives efficiently and effectively (race, gender, veteran status, national origin, language, socioeconomic status, family structures, persons' background & experience).
- ➤ <u>Inclusion:</u> a set of behaviors (culture) that encourages employees to feel valued for their unique qualities and experience a sense of belonging; **inclusive diversity** as a promotion of collaboration.



The Practice of Diversity Management (James Rogers)

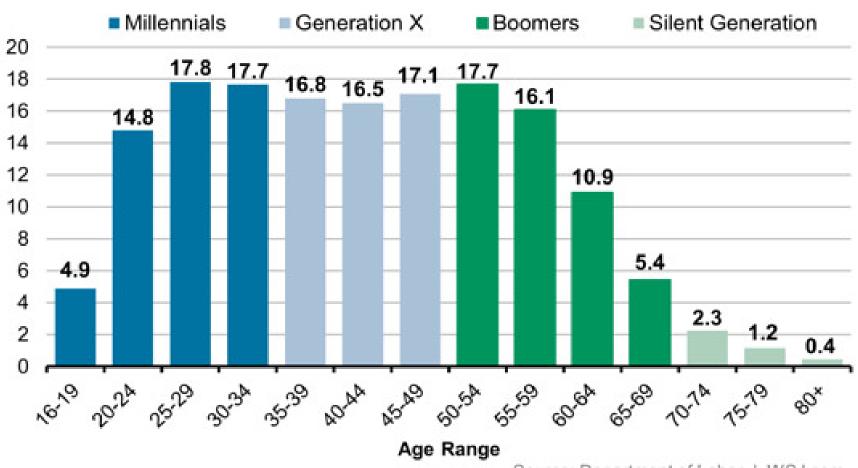
- > Diversity Management as a Deliberate Organizational Strategy:
 - 1. Capable Selection (actively search for and engage the right diversity of people for each team and project)
 - 2. Deliberate Team Formation (diverse teams are at first inefficient; altering team members to reduce disagreement and conflict, navigating among different perspectives)
 - 3. Masterful Facilitation (the art of driving diverse people to consensus)
 - **4. Consensus Validation** (reaching agreement and support of team members about the consensus)
 - **5. Relentless Execution** (everyone's perspective has been heard, people accept the solution; everyone works toward common goals)



Multigenerational Workforce: Strategic Challenges and Opportunities

The Workforce in 2015

Projected size of U.S. labor force (in millions) by age, for the year 2015



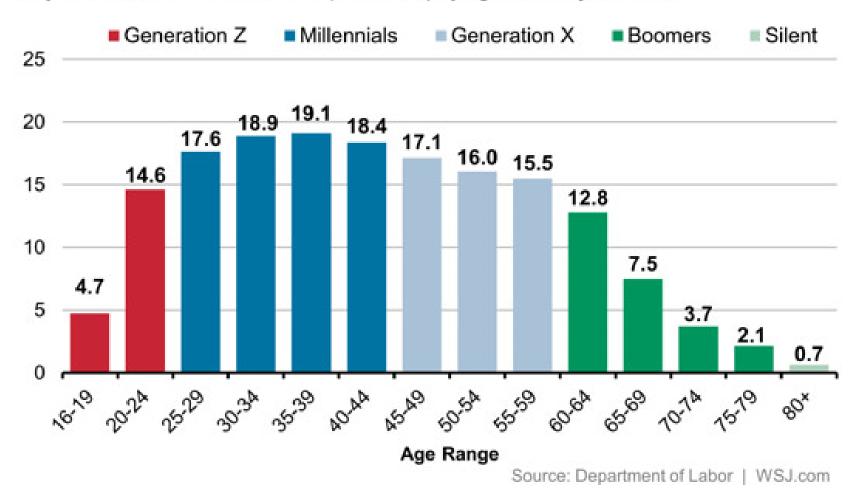
Source: Department of Labor | WSJ.com



Multigenerational Workforce: Looking into the Future

The Workforce in 2025

Projected size of U.S. labor force (in millions) by age, for the year 2025





Considering Generational Differences in the Workforce

- ➤ Generational Cohort Theory (Strauss & Howe, 1991)
- ➤ Traditionalist/Silent (1929-45); Boomer (1946-64); Generation X (1965-79); Generation Y/Millennials (1980-99)
 - Generations are a social construct: individuals born in a certain time period are influenced by historical and social. context & specific events ⇒ shared values and attitudes
 - Generational cohorts possess a unique set of preferences that distinguish their workplace tendencies.
 - Common perceived differences: use of technology, communication, work climate, leadership and feedback, work-life balance, team orientation, involvement and empowerment.
- > Competing explanation: Life Stage Theories.



Generational Differences in the Workforce: Engaging the Millennials

- ➤ Generation Y is technology-driven, multitasking, confident, optimistic, skeptical (need an explanation why), higher turnover rates as compared to their older counterparts.
- > Prefer a *culturally sensitive*, *fun-at-work* workplaces.
- ➤ Prefer a *team-oriented work environment*, bosses with whom they can relate and who value employee input.
- > Prefer constant and instantaneous feedback from leaders.
- ➤ Value work-life balance and prioritize engagement with family and friends over work commitments.
- ➤ <u>Workplace policies</u>: mentoring programs, more employee development, team-based environment, flexible work arrangements, performance-based rewards, more technology.



Generational Differences in the Workforce: Engaging Generation Z

- ➤ **Generation Z:** iGeneration, Gen Tech, Gen Wii, Net Gen, Digital Natives, Plurals (between 7 and 22 years old in 2019).
- ➤ Shaping events: September 11 attacks, The Great Recession, school shootings no generational memory of a time the U.S. was not at war with 'global terrorism'.
- Life attitudes: entrepreneurial and independent; concerned about cost of education and living; frugal; civically engaged and politically active; open minded and tolerant.
- ➤ Workplace attitudes: appreciate job stability and continuity; no longer just want a job, want a feeling of fulfillment and excitement.
- ➤ Workplace policies: more employee development, flexible work arrangements, more technology, community engagement.



Employees with Mental Health Disabilities: Who They Are?

- ➤ 44 million adults (18.5% of the U.S. population) in the U.S. report having had any mental health condition during the past year.
- ➤ 18% of workers report having a mental health condition in any given month (one of the most common disabilities under ADA).
- Common psychiatric diagnoses: anxiety disorder (18%), depression (9.5%), attention deficit/hyperactivity disorder (ADHD, 4%), bipolar disorder and schizophrenia (3.6%).
- <u>Depression</u> is one of the most significant risk factors for <u>suicide</u> and a leading cause of workplace absence and low performance.
- Suicide takes the lives of about 38,000 Americans each year.
- The majority of the suicide deaths in the United States are among working age adults (ages 24–64), especially men.
- Each year over 8 million adults think seriously about taking their life, and over 1 million make an attempt.



Employees with Mental Health Disabilities: Key Points for Managers

- ✓ Work is good for mental health but a *negative working environment* can lead to physical and mental health problems.
- ✓ Depression and anxiety cost global economy is \$1 trillion per year in *lost productivity*.
- ✓ *Harassment and bullying* at work are common and negatively impact mental health.
- ✓ Effective organizational efforts to promote mental health include: structural (policies), cultural (stigma, taboo), and leadership (open door, healthy boundaries) interventions.
- Burn-out is an "occupational phenomenon" included in the International Classification of Diseases, but <u>not</u> classified as a medical condition: feelings of energy depletion and exhaustion; increased mental distance from the job; feelings of negativism and cynicism related to one's job; reduced professional efficacy.



Employees with Mental Health Disabilities: How to Meet Their Needs?

- > Flexible Workplace telework, flexible scheduling, part-time
- Leave and Breaks paid and unpaid, flexible use of vacation
- ➤ Physical modifications reduction of distractions, adding room dividers, soundproofing and noise cancellation headphones, increased natural lighting, music and white noise
- ➤ Equipment tape recorders, e-organizers & calendars, remote access, laptop computers
- ➤ **Job duties** modification, removal, restructuring, division of large assignments into smaller goals, additional training
- ➤ Management/Supervision positive reinforcement and feedback, structure of supervision (more frequent meetings to help prioritize), additional forms of communication, to-do lists and checklists; regularly scheduled meetings; written work agreements; education about accommodation rights; training for all employees



Employees with Mental Health Disabilities: How to Meet Their Needs?

Helpful Resources:

- <u>The Job Accommodation Network</u> a free consulting service from the U.S. Department of Labor's Office of Disability Employment Policy. http://askjan.org and 1-800-526-7234 (V/TTY).
- The Center for Psychiatric Rehabilitation's Reasonable

 Accommodations page https://cpr.bu.edu/resources/reasonable-accommodations/
- Regional ADA National Network Centers https://adata.org
- The Equal Employment Opportunity Commission's Enforcement Guidance on the ADA and Psychiatric Disabilities https://www.eeoc.gov/policy/docs/psych.html
- The American Foundation for Suicide Prevention https://suicidepreventionlifeline.org



Ways to Decrease Disengagement (Lynne Cowar; Public Manager, 2014)

| ☐ Get to know an employee and what motivates him/her (including generational differences) | |
|---|----|
| □ Engage in collaborative goal setting, developing persons growth plans, design opportunities for development | al |
| ☐ Show that an employee is a valued member of the team (assignments, regular feedback with specific examples) | |
| □ Recognize employee accomplishments and organize employee events to foster a sense of belonging | |
| □ Sponsor professional memberships and other networking opportunities, agency sponsored lunches, speakers, work | 0 |
| □ Collaborate with others and share best practices | |



Strategic HRM: Engaged Employees – Productive Workplaces

- Small-Groups Session: Best Practices of Employee Development & Engagement under Financial Constraints
 - > Employee Development & Engagement Worksheet
 - Fill out the top part individually, share with your group, come up with 2-3 recommendations
- Additional Resources on Strategic Approaches to HRM:
 - Books and articles
 - Reports
 - Web sites